

Coaches Across Continents 2021 INSTRUCT - Coach Resources



Essential Resources for Coach Accreditation – 16

CAC SAFE - Child, Coach and Social Media: CAC will provide consultancy on how to ensure the rights of children are protected in the communities of participating coaches and leaders based on years of experience with UNICEF and UNHCR. CAC will conduct Safeguarding Education sessions, share our Child SAFE Policy and support Coaches to design a policy for their community. We will also share Child Rights Games to bring the policy to life.

Curriculum Creation: Coaches will be provided the opportunity to attend 'Curriculum Creation Roundtables' to share ideas and work in small groups to think up new game ideas.

Curriculum - CAC Library: Priority CAC curriculum libraries will be made available to coaches through our Workplace Platform. Coaches are encouraged to play the games and share feedback with CAC on how they were adapted to their local context.

Curriculum - SSP Technology Skills: CAC will take Coaches through a simple process to learn, adapt and create Purposeful Play activities using the online platform: SportSessionPlanner.

Global Day – International Women's Day: To honor this Global Day, CAC will provide curricula to coaches that focus on UNSDG 5: Gender Equality. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!

Global Day – Peace Day: To honor this Global Day, CAC will provide curricula to coaches that focus on assorted Peace & Conflict Prevention centered UNSDGs. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!

Global Day – Universal Children's Day: To honor this Global Day, CAC will provide curricula to coaches that focus on Child Rights and Child Safeguarding. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!

Methodology – Education Outside the Classroom: Alongside our Purposeful Play and Self-Directed Learning practices, Education Outside the Classroom is a core player in our methodology. We will support partners to constantly explore innovative and imaginative ways to bring education outside the walls of the traditional classroom setting.



Methodology – Purposeful Play: One of the core aspects to all CAC methodology and practice, Purposeful Play stands as an intentional evolution from ‘sport for social impact’. With our partners we will continue offering Purposeful Play tools and resources year round. We will also create opportunities to explore play and fun and how we integrate purpose so we are not perpetuating the very cultures of traditional sport that we are working to transform.

Methodology – Self-Directed Learning: CAC will offer support to Coaches on how to use Purposeful Play to facilitate sessions where children (and people in general) direct their own learning, developing skills to challenge harmful traditions/cultures and create spaces where everyone is heard.

Monitoring and Evaluation Support: CAC will offer support to coaches in how to gather and assess relevant data to achieve desired outcomes as a leader and in their specific community. Where applicable this will also link with the organization's M&E systems.

On-Field CAC Programme: CAC will work with Coaches to support them in holding an On-Field programme in their community. This includes support and advice on planning, organisation, delivery, game selection and monitoring and evaluation.

Theory – ASK for Choice: CAC will support coaches with resources, ideas and collaborative spaces to explore the various aspects of gender equality.

Theory – Chance to Choice: As the core philosophy behind all CAC programs and activities, CAC will support our partners to look closely at the barriers to ‘choice’ that exist in their community and explore solutions in collaborative spaces.

UN Convention on the Rights of the Child: CAC will share the UN Convention on the Rights of the Child with Coaches. Beyond sharing the actual materials, CAC will create spaces for partners to collaborate with other groups around the world to share the various localized versions of this essential UN document. For example we will ask our partners: What does a child’s right to ____ mean in your community? What are the realities, dangers, and possibilities?

UNSDG 17 Education for Coaches: CAC will support the coaches and leaders in our network to learn, understand and localize the UN SDGs.



Elective Resources for Coach Accreditation – 13

#CACTogether: Inspired by the activities of our partners during the heat of the 2020 global pandemic, we launched #CACTogether. Through this initiative we seek to create opportunities to connect with organizations and leaders in informal, supportive ways as well as create supportive connections across our network.

Curriculum – ASK for Choice: CAC will supply Coaches with curriculum from our ASK for Choice initiative, addressing UNSDG 5: Gender Equality through Purposeful Play.

Curriculum – Chance to Choice: CAC will supply Coaches with a different set of at least 20-25 games each year that can be intentionally used to address various UN Sustainable Development Goals through Purposeful Play.

Curriculum – Covid-19: CAC will supply Coaches with a curriculum specifically targeted at identifying the symptoms and reducing the risk of transmission of Covid-19 through Purposeful Play. These games will also provide education and conversation around the mental health risks of the pandemic and isolation.

Curriculum – I Choose: CAC will supply Coaches with a curriculum that will encourage communities to discuss what it means to be a man, the challenges men face, male stereotypes, and the choices that men make that either positively or negatively impact them, their families and their communities.

Funding and Grant Writing for Leaders and Coaches: CAC will work with Coaches and share our top tips on what to do when applying for grants. We will also encourage Coaches to share their ideas and the methods they've found to be successful in the past.

Global Day – World AIDS Day: To honor this Global Day, CAC will provide curricula to coaches that focus on UNSDG 3: Good Health and Well-Being, specifically Sexual Health. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!

Global Day – UN Day of Sport for Development and Peace: To honor this Global Day, CAC will provide curricula to coaches that focus on UNSDG 16 and Purposeful Play. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!

Global Day – World Mental Health Day: To honor this Global Day, CAC will provide curricula to coaches that focus on UNSDG 3: Good Health and Well-Being, specifically Mental Health. CAC will also encourage, provide guidance, and support the coach's efforts to celebrate the occasion in their own unique and creative way!



Global Leadership Courses: CAC will potentially provide Coaches with opportunities to submit applications for various leadership courses offered throughout the year.

References for Individuals: Upon request, CAC will provide Coaches with a professional reference. This can be used to help with grant applications and employment opportunities amongst other options.

Virtual Learning: CAC will host online training that Coaches will be invited to attend. These Virtual Learning programmes will cover a range of topics from coaching methodology to the UNSDG's and beyond.